

## PRODUCT INFORMATION: Cumin Seed Oil



<b>INCI Name:</b>	Cuminum Cyminum Seed Oil
<b>Cas. No:</b>	93165-54-9
<b>EC. No:</b>	296-941-1
<b>EINECS No:</b>	296-941-1
<b>Biological Definition:</b>	Cumin seed oil is the volatile oil steam distilled from the dried seeds of the Cumin plant <i>Cuminum cyminum</i> L., mbelliferae.

Cumin Seed Oil is a pale yellow or greenish liquid with a warm, soft, spicy-musk scent. The cumin plant is a small annual herb about 50cm high, with a slender stem, dark green feathery leaves and small pink or white flower followed by small oblong seeds. The plant is native to upper Egypt, but has long been cultivated in the Mediterranean region, as well as India and the USSR. The oil is predominantly produced in India, Spain and France. Cumin is also closely related to coriander (*Coriandrum sativum*), sharing many of its properties.

Thanks to its anti-microbial, anti-fungal and anti-inflammatory properties, Cumin Seed Oil has a wide range of benefits. It is largely used in traditional Ayurvedic medicine – India’s ancient source of health and rejuvenation. It is mostly used as a general stimulant, but is also used especially for digestive complaints, such as colic, dyspepsia and sluggish digestion.

Cumin Seed Oil can be used in aromatherapy to aid muscles and joints, especially the accumulation of fluids and toxins, and to help poor circulation. It is also known to positively affect conditions of the nervous system including headaches, migraines and nervous exhaustion.

Cumin Seed Oil is also used as a fragrance component in many perfumes and cosmetics, and is complimented well by Angelica Oil, Caraway Oil and Chamomile Oil. It is also often found as a flavour ingredient in many foods and drinks, particularly meat products and condiments.

**Botanical name:** Cuminum cyminum  
**Family:** Apiaceae (Umbelliferae)  
**Country of origin:** India